PACKING CHECKLIST

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About this Packing Guide

SALTY VAGABONDS FAMILY

We've been traveling the world full-time as a family, and we're excited to share everything we pack to make our adventures seamless. This guide is broken down into easy-to-navigate sections, so you'll have all the essentials at your fingertips for smoother travels. If you find our guide helpful, show us some love by following us on Instagram and TikTok! We'd love to stay connected and continue sharing our journey with you.

START HERE

Sections in this guide are clickable and will take you to the exact products we recommend or a showcase of similar options. We've linked through LiketoKnow.it, Amazon or other affiliates to make it easier for you to discover items that can enhance your travel experience. Just a heads-up—if you decide to purchase through these links, we may earn a small commission at no extra cost to you. It's a win-win that helps support our work while helping you find what you need.

Here you will also find a broader explanation of why we suggest the item, Tips/Hacks or why you should carry a certain item with you.

BATTTERY BANK & CHARGER

We recommend keeping one with you for those times when charging options aren't available on the plane. Flights don't always go as planned, and a dead phone during delays or diversions can cause unnecessary stress. A battery bank ensures you're powered up and ready to go as soon as you land, avoiding any extra headaches.

DOWNLOAD APPS & BACKUP DEVICES

Airport or public WiFi can be slow, so it's smart to download everything you need in advance. This way, you can avoid storage issues and ensure smooth entertainment on the go. Also, back up your phone and computer before you leave, just in case something goes wrong during the trip.

NEVER CHECK THESE ITEMS

Electronics and banned items are obvious, but there are other things you should always carry on. Bags can be opened by employees or TSA, and things sometimes go missing. Anything that would ruin your trip if lost—like jewelry, cash, important documents, or a week's worth of medications—should stay with you. If your luggage is delayed or lost, you could be without those essentials for a long time, or even forever.

REFILLABLE WATER BOTTLE & SNACKS

After you get through TSA, always refill your water bottle and keep it handy for the flight. Snacks, like high-protein ones, are a must—especially if you're traveling with kids. Delays happen, and relying on the airline can be a hassle. Having your own snacks and water will keep you going if you're stuck in long lines, or facing unexpected delays.

BLACK OR BLUE PEN

You wouldn't believe how many people forget to carry one and get delayed filling out visa or customs forms when they arrive. Plus, borrowing one on the plane can be a hassle, and airlines don't always provide them. Save yourself time and stress by keeping a pen handy!



PACKING CHECKLIST

My Packing List

ESSENTIALS	TOILETRIES
Your Favorite Outfits (Athletic, Casual & Night Life)	Shampoo, Conditioner & Lotion*
Bras, Underwear & Undergarments	Toothbrush, Toothpaste, Mouthwash & Floss
Pajamas	Body Wash & Soap*
Shoes & Sandals	Deodorant, Body Spray & Perfume
Socks	Q-Tips, Cotton Pads, Cotton Balls
Jewelery	Nail Care (Clippers, File, Nail Polish for Touch Ups)
Hats, Gloves, Scarfs	Feminine Hygiene Products (Cup's are Amazing)
	Tweezers & Razors
HAIR CARE	Make-Up and Application Tools
Hair, Brush & Comb	Mini First Aid
Hair Dryer*	Travel Water Bottle (Refillable)
	Eye Care Products
Dry Shampoo & Styling Products Curling Iron &/or Straightener	Mini Pharmacy Adult/Kids
Carry On With Me	*Most all lodging will offer a variation of these items as amenities so you may not have to pack them
ELECTRONICS	DOCUMENTS & MONEY
Phone &/or Tablets, Laptop, & Chargers	Drivers Licsense & AAA International Drivers Permit
Convertor Adaptor	Passport &/or Visas
Camera, Equipment, Chargers & SD Card	ATM & Credit Cards
Haedphones	Cash
Battery Bank & Charger for Phone	Confirmation Numbers, Reservations & Travel Tickets
Downloaded Apps, Movies & Content	Travel Insurance Information
Spy Camera Detector	ESIM & VPN Downloaded & Ready
Drone (DJI or Hover Air X1)	Travel Apps

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BEACH & POOLSIDE FUN	VACATION RENTAL/ LONGTERM TRAVEL
Beach Tote (Packable)	Kitchen Thermometer
Before & After Tanning Lotion/Mist	Wine/Can Opener
Swim Suits	Collapsible Silicone Cups for Adult Beverages:)
Cover-Ups	Kitchen Knife
Flip-Flops	Grocery Bag
SPF (Reef Safe if going in Ocean or Hawaii)	Microfiber Towel
Sunglasses & Case	Silicone Storage Bags
Hat/Visor	Gallon Size Disposible Bags
SPF50+ Rashguard	AA & AAA USB Rechargeable Batteries
Goggles	
Water Shoes	TROPICAL LOCATIONS / WATER ACTIVITIES
Floaty	Snorkel Gear (Especially for Kids)
Beach Safe Box	GoPro & Floating Housing
Phone Umbrella	Phone Protector / Lanyard
Portable Speaker	Dry Bag
INTERNATIONAL TRAVEL WITH KIDS	Raincoat/Umbrella
Original Birth Certificate for Kids Divorce Decree &/or Parental Permission	MILITARY SPACE-A TRAVEL
	Blow Up Camping Sleep Pad
MAKE LIFE EASIER ITEMS	Jacket/Blanket (Sometimes no Heat on Flight)
Packing Cubes	DEERS ID Card
Luggage Scale	Milconnect Printoff for Kids 11 or less with no ID
Luggage Tags	Eligibility Specific Paperwork depending on Category
Extra Collapsable Duffle for Extra Space	
Apple Air Tags	

My Carry On - Before Flight Checklist

NOTES Snacks Passport & Visas Ear Buds / Noise Cancelation Drivers License Battery Bank Cash Phone Charger with Wall Plug ATM & Credit Cards Laptop & Charger Confirmation Numbers & Reservations Entertainment (Books - Magazines) Itinerary Black or Blue Pen (For Inflight Visa Forms) Maps & Travel Guides Downloaded Refillable Water Bottle Travel Insurance Google Translate Downloaded Hand Sanitizer Jewlery _____ Medication Downloaded Apps, Movies & Content Camera & Equipment Sunglasses & Case Important Documents

My Packing Checklist

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